

FINAL REPORT

**Erasmus+ programme,
Key Action 1, Learning Mobility of Individuals,
Project No: 2015-1-RO01-KA102-014679
(A.N.P.C.D.E.F.P.)**

“FIRST COME, FIRST SERVED”

**FLUX I – 07/03/2016 TO 25/03/2016
FLUX II - 09/05/2015 TO 27/05/2016**

SETÚBAL, PORTUGAL

Total Pages:11

Promoted by:

Liceul Tehnologic "Alexandru Ioan Cuza", Slobozia
Strada Lacului, Nr. 10, Cod postal: 920042
Slobozia, Romania.

Carried out by:

**Consue Portugal – Consultoria e Estrutura Acolhimento em Projetos de Mobilidade
Internacional, Unipessoal, Lda.**
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2900-462 Setúbal, Portugal

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1 - INTRODUCTION

The project "*First come, First Served*", has been promoted by Liceul Tehnologic "*Alexandru Ioan Cuza*", Slobozia, Romania and carried out by **Consue Portugal – Consultoria e Estrutura Acolhimento em Projetos de Mobilidade Internacional, Unipessoal, Lda.**, in Setúbal - Portugal.

The project took place in 2 flux:

- **1 Flux** - 07.03.2016 to 25.03.2016
- **2 Flux** - 09.05.2016 to 27.05.2016

Consue Portugal – Consultoria e Estrutura Acolhimento em Projetos de Mobilidade Internacional, Unipessoal, Lda., in Setúbal – Portugal, is working in the field of European Vocational Training since 2013, carrying out diverse types of projects in the framework of different European Programmes. Within its activities, one of the goals **Consue Portugal** has is to improve the possibilities for young adults and adults to maintain their hold on the European labour market and to long-life learning at **ERASMUS+ Program**.

The project "*First come, First Served*" in Setúbal, gave to 10 (Flux I) and 10 (Flux II) participants from Romania the possibility to improve the level of professional training, to acquire new knowledge in order to enlarge their specialists' competence and to broaden their horizons of experience. During the placement they have successfully attended daily practical job training with the staff of restaurants in Setúbal City.

The participants got the opportunity to work with modern equipment and to activate by the rules imposed in most representative units. They accomplished specialized technical knowledge, new abilities and skills useful in practicing their job, in any country from Europe .

The participants improved their knowledge of Portuguese Culture, visiting different places.

During their stay, two accompanying teachers accompanied the group and they were responsible for the follow up. Evaluations were carried out at the end of every week which refers the results and outcomes of the project. At the end of the placement, the participants received Europass Mobility, Certificates and Certification from **Consue Portugal**, in Portugal .

Josimar Gomes

Projet Manager

2 – PARTICIPANTS

- **1 Flux** - 07.03.2016 to 25.03.2016
 - Group Practice activities: **Restaurants**

| | | | |
|-----------|--------------------------|------------|-------------------------|
| 1. | ANDRONIC ADRIAN | 2. | MARCU CATALINA |
| 3. | GUDU RALUCA | 4. | BAJAN VASILE LAURENTIU |
| 5. | DRAGOMIR OANA GEORGIANA | 6. | BRINZOI ADRIANA MIHAELA |
| 7. | VASILE STEFAN AURELIAN | 8. | BERBEC MIHAITA |
| 9. | FIERBINTEANU MARIA ALINA | 10. | PASARE ANDREAS |

Accompanying teachers:

Teacher Boitan Angelica

Monitoring teacher:

Aida Tudora

- **2 Flux** - 09.05.2016 to 27.05.2016
 - Group Practice activities: **Restaurants**

| | | | |
|-----------|-----------------------|------------|------------------------|
| 1. | ROBE ALEXANDRA CORINA | 2. | DRAJNEANU MARIUS ALIN |
| 3. | DRAGOMIR ALEXANDRA | 4. | ANTON LUCICA |
| 5. | TRICA CATALIN | 6. | DOROBANTU SERENELA |
| 7. | RADU ELENA | 8. | PELI ELENA MADALINA |
| 9. | NOVAC IONELA | 10. | POMPILE CRISTIAN IONUT |

Accompanying teachers:

Teacher Boitan Angelica

Monitoring teacher:

Aida Tudora

3 - PROGRAMME

- **1 Flux - Date:** 07.03.2016 to 25.03.2016
- **2 Flux - Date:** 09.05.2016 to 27.05.2016

Restaurants Programme

Activities/tasks carried out:

- Making mise-en place for breakfast, lunch, dinner and special occasions
- Receiving customers
- Taking orders from the customers
- Transmitting orders to the section
- Serving food preparations, following the rules of serving

- Recommending and serving drinks
- Recommending different groups of food preparations
- Flaming(flambé) food preparations
- Cleaning tables, respecting rules of cleaning
- Deducting the equivalent value of the served food preparations
- Preparation of menu variants
- Respecting the hygiene rules and the laws of security and health at workplace

Job-related skills and competences acquired

Abilities:

- Work in a team
- To communicate in an international foreign language and a specialized language

Competences :

- Making mise-en place in order to serve breakfast, lunch, dinner and meals for special occasions
- Using modern equipment for the preparation of cocktails: Turmix, blender, mixer, Espresso coffee machine, squeezer, but also different types of inventory items
- Taking over and serving food preparations using various serving systems
- Cleaning tables, respecting rules of cleaning
- Preparing menu variants
- Deducting the equivalent value of the served meals

Host organizations were :

| Restaurants Programme | |
|---|----------------------------|
| Restaurante Batikano's AV. LUÍSA TODI Nº 33 R/C, 2900-458, Setúbal, Portugal | Tutor : Mr. António Santos |
| Restaurante NOVO 10 AV. LUÍSA TODI 420/2, 2900-455, Setúbal, Portugal | Tutor : Mr. Nelson Pereira |
| Restaurante O Quintal AV. PORTELA, 56, 2900-478, Setúbal, Portugal | Tutor : Mr. Nelson Pereira |

Weekend Programs – Cultural Activities

Visitors were able to understand the Atlantic Ocean and all the social, historical, fishing traditions and culture that characterize the city of Setúbal and also who to promote the conservation of nature.

Traditional boat ride - visit to the Dolphins in their natural environment - the ocean.

Frequenting the beautiful beaches that this region offers, taking advantage of the sun and leisure.

Sintra village a beautiful village classified as a World Heritage is well known for its desserts, the most famous "Queijadas de Sintra". The village was the favourite location of the Portuguese kings for their palaces.

Other experience was, an African safari – BADOCA PARK, where the visitors can spot, see and receive information and interaction experiences with the most diverse animals from Africa; Antelope, giraffe, lemurs, ..raptors, among many others, ...an integrated landscaped environment - making the unforgettable experience.

Lastly, The final evaluation of this two groups, is done by a committee made up of tutors and teachers accompanying the individual practice and interview evidence of progress.
 Practical: Participation in the Closing Ceremony, with the delivery of their Certificate of Participation and Diploma to participants.

Interview of progress: the description of a specific preparation of the Portuguese Validation traineeship is by Europass mobility certificate that will be submitted all competencies and skills of participants, signed by receiving organizations and issued by the group participants to return to Romania Slobozia School.

4 - PORTUGUESE COURSE - A1

The participants participated in the Portuguese language training, 15 hours during the first week, where they learned the main and basics of the Portuguese language for better communication, especially in workplaces.

The importance of this language course, has improved the understanding and practice in communicating at the workplaces, since it was ministered intentionally to the activity of restaurants.
 At the end of the course, participants receive a **Certificate of Participation** issued by Consue Portugal.

5 - DESCRIPTION OF ACCOMODATION - HOSTEL

Hostel , Setúbal

The participants stayed in a hostel located in the new area (center) of Setúbal City. On Montijo the students found pedestrian streets full of monuments, restaurants, cafes, esplanades, shops, supermarkets, tourism info spot and so much more...

The hostel have 6 rooms available, 3 bath rooms, a kitchen full equipped for all guests, 1 lounge areas where you can relax, have a drink, listen music, watch a film projection, read books and magazines, play games, use the free WiFi internet.



Our location, is situated in the city center, proposing to this young European students a good interaction and providing them closer to the Portuguese people, comfort and atmosphere guarantee's you great memories of a good time spent in Setúbal City.

6 - WORK, SOCIAL AND CULTURAL PREPARATION

Pedagogical preparation enables participants to detect as accurately as possible how the approaches to and the content of training differ from what they are normally used to do. The project start with a guidance and orientation session where the agenda and others information regarding the training programme, work condition on the Portuguese Restaurants, work and interpersonal relations on the host country was shared and discussed. The rules and norms which must be respected on an international project were presented also.

The participants received also a short information about enterprise culture in Portugal, particularly in the context of communication habits.

Cultural preparation - A cultural program was arranged by *Consue Portugal* during the weekend, with the special collaboration by the *City Council of Setúbal*.

The group visited the cities of Setúbal, Cascais, Mafra and Sintra village. The participants visited Dolphins in Sado River, a community of residents dolphins in the estuary of the River Sado. The Museum of Work in Setúbal, is a rich source of historical and social culture and traditions that students, can they observe and learn about the traditions linked to the industry of preserved sardines.

This programme gave to participants information about the Portuguese and European history and local monuments, cultural value from Lisbon area and host country, Portugal and in the long term, the participants will be advised on how to live and work in an inter-cultural environment.

Also leisure activities are developed on the free time of the students.

7 - MONITORING AND EVALUATIONS

At the end of every week we had an evaluation about the training programme and the duties on the work place. Then, we had meetings with the coordinator of the group and the participants, accompanying teachers and tutors in order to carry out an evaluation. Thus, the coordinator, the participants and tutors could express their opinions about the development of the programme. In this way, they could comment on their experiences during the programme in order to take some conclusions.

In the written final evaluation, the participants evaluated every aspect of the programme: work placement, tutoring, objectives and goals reached during the time spent here. According to the different evaluations, they seemed to be very content with the tasks that they made during the programme. Concerning the co-operation between the tutor and the group, all their comments have been very positive.

8 - GENERAL REFLEXION

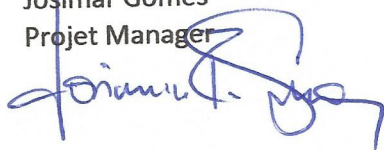
The work programme was varied and reaching all aspects of the proposal presented to us by the Liceul Tehnologic "Alexandru Ioan Cuza", Slobozia, Romania. The placement of the students in entities in Setúbal area, gave them the opportunity to acquire information about the departments of the units of nourishment, to identify the relationship between these departments, to learn, respect and apply the hygiene rules and work protection, using the protection equipments specific to each workplace. The participants had the chance not only to be in touch with the organizations' environment but also to see how this sector works in Portugal. The practical activities and working tasks helped them to improve their professional competencies.

The participants received well the programme and showed interest about the practical training and cultural activities.

A great bond between their tutors and the participants was created, permitting a better integration of intercultural experiences. The tutors commented that this was an interesting programme because they found engagement from the participants and the accompanying teachers.

As resulting from their reports, they enjoyed the whole experience, which, we must say, is the best retribution we could have for our efforts on providing a complete programme. We believe that the programme was a good personal and professional experience.

Josimar Gomes
Projet Manager



Eugenia Turcan
General Manager of Consue Portugal



(Signature and stamp)

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Date and place :
Setúbal, 03.06.2016

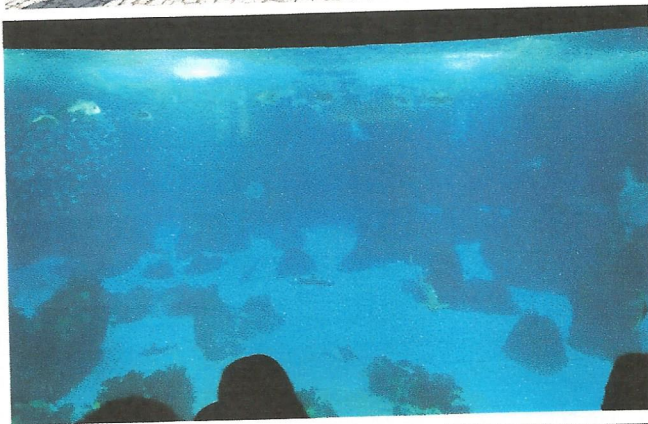
9 - ANNEXES: CERTIFICATES

Sent:

- 1 - Original documents (paper) properly signed and stamped.
- 2 - In digital format (pdf) sent to the school email.

10 - ANNEXES: PHOTOS

- 1º Flux



- 2º Flux



